Try this Coffee Treat

of chaff removed by Five vacuum cleanings, making muddy, murky coffee impossible with VICTOR.
The unusual care exercised in cleanliness

and sanitary conditions in growing, blending and roasting, is followed out in the final step by packing every pound of VICTOR coffee in sealed air dust and moisture proof canisters—an idea originated by Mr. Shapcanisters—an idea originated by hir. Shap-leigh yearsago. So, when you buy VICTOR you buy healthful coffee, absolutely free from dirt of any name or nature. Try it, 35 cents the pound. You will agree that, IT REALLY IS A TREAT.

SHAPLEIGH COFFEE CO., BOSTON.
Importers and Roasters
[215] America's Oldest Coffee House.
FOR SALE BY
BARRE CREAMERY & COLD STORAGE CO.
and Dealers Generally



and every time he did so he seemed to lose the thread of his discourse.

Doubtless others of the congregation

fright natural to a speaker.

early the next morning.

room and knocked on the door.

a woman suddenly awakened.

"A gentleman wishes to speak with

"It's too late. I've gone to bed."

you, Mr. Wyeth," said the landlord.

landlord. Then, turning to the woman

"I'll trouble you for the church col-

The secret being out, she surrender

pointed in getting her instead of him

Ironing the Tablecloth.

shape before being ironed. After it is

pulled into shape, fold it together

turn back the edges at each side so that

the cloth is in four long folds, each fold

of the same width. The outer folds

and iron the two inner folds that are

now outside and are the right side of

be doubled back and forward the de-

sired width, but the crosswise folds

should not be froned in. Papers can be

on the floor from the froning board. A

little practice will soon make you per-

fect. The old fashloned way was to

troned in the manner above described .-

An Ideal Island.

lantic, belonging to Great Britain, is

private property in land, no rents, no

taxes and no use for money. The

flocks and herds are public property.

the common trades. The climate is al-

captain appointed from the British

Hamadan In History.

Hamadan seems to be certainly the

Ekbatana, the summer residence of the

ancient Persian kings, where Alexan-

der the Great stored his enormous loot

from Persia, estimated at over £41,000,-

000. But there is topographical diffi-

culty about identifying it with the ear-

lier and still more interesting Ekbata-

na described by Herodotus, the city

where the first Median king, Defoces,

realized the ideal of royal isolation by

shutting himself up in a palace on top of a hill, surrounded by seven fortified

circles of different colors descending

the slopes in order and allowing the in-

habitants of these to communicate

story is a myth or the Ekbatana of

Eating and Fighting.

It is not creditable to a thinking peo

ple that the two things they most thank

God for should be eating and fighting

We say grace when we are going to

have stuffed ourselves to an extent that

Chronicle.

The island of Ascension, in the At-

A tablecloth should be pulled into

"Who's there?"

lection."

gerous to handle.

AFTER KID MULLIGAN

By ALAN HINSDALE

When I was sheriff of Marion county it was reported to me that there and it was suspected that he was Kid Mulligan, a half boy, half man, desperado, who was fond of masquerading in different disguises. I was anxious to secure Mulligan and concluded to go to Hilton and inspect the rever end gentleman. I had never seen the Kid, but had a description of him.

On my way to Hilton I met a farmer who had been held up by a masked man the night before. He was unarmed and handed out what little money he had about him without making a show of defense. Indeed, he was too frightened to take notice of the robbet except that he spoke with a voice not at all gruff. On the contrary, it was rather musical.

This robbery was an indication that Mulligan was the robber and Mulligan of its femininity. and the robber were one and the same person. I went on to Hilton and made inquiries for the Rev. Joseph Wyeth, the parson's name, and was told that he was to be found at the Phoenix hotel. He was traveling under a commission of the bishop to raise funds for building churches. I went to the hotel, a small tavern, and found the curate sitting on the veranda. He wore the canonicals of an Episcopal clergyman, his hair was parted in the middle, and altogether his appearance was exceedingly clerical.

Soon after my arrival at the tavern he arose and started down the main street till he came to a church and turned in at a back door. I inferred that the rector had a study there and Wyeth was going to visit him. I weit ed till he came out, then went in to interview the rector. I found him an elderly man not versed in worldly ways. He had seen Mr. Wyeth's cre dentials from the bishop, but had not scrutinized the signature. Mr. Wyeth lengthwise through the middle, so that was arranging with him to speak to the wrong side will be outside; then ation the next Sunday ever ing, with a view to taking up a collec-

tion for church building in the diocese From Mr. Wyeth's personal appearance and certain of his mannerisms I gathered suspicions of him. I did not believe him to be Kid Mulligan, but I did believe that he was not an Episcopal minister. However, I had no real knowledge concerning him and felt obliged to let him proceed with what he was doing, keeping him under surveillance. I decided to let him deliver his Sunday evening address, but did not propose to let him get out of town with the proceeds of the collection without being convinced that he was what he purported to be.

When Sunday evening came I attended the church sewices. At the proper time the rector spoke a few words of introduction; then Mr. Wyeth began his address. Possibly if I had not been suspicious of him I might have been fooled by his remarks like the others. One matter especially gave him away to me. In mentioning the places the bishop desired churches should be built he included the town of Bingham. I happened to know that an Episcopal church had just been fin ished in Bingham.

The young man spoke with a pleasantly modulated voice and talked fluently. I sat in a pew right under him, where I could watch him, and I think that my fixed gaze disconcerted him. for he gave me an occasional glance,

ECZEMA ON FACE *ITCHING SEVERE

Also On Neck. In Pimples. Skin Very Sore. Red and Inflamed. Could Not Sleep.

HEALED BY CUTICURA SOAP AND OINTMENT

"When I first had eczema it began on my face and neck in pimples and I thought I had the brown-tall itch. The skin was very sore and red and inflamed and the itching was so severe that I scratched 60 and Irritated the affected parts. I could not sleep and .the trouble caused disfigure-

ment for the time being. "I had the trouble three months and I used -Salve but it did not seem to do any good. Then I got a cake of Cuticura Scap and a bux of Cuticura Cintment and they helped me and after using one cake of Cuticura Soap and one box of Ointment I was healed

Unbridge, Mass., July 26, 1915. Sample Each Free by Mail

completely," (Signed) Mrs. J. M. Young,

With 32-p. Skin Book on request. dress post-card "Coticors, Bept. T. Bosten." Sold throughout the world.

MILITIA VS. COMPULSION

Fighting Issue Is Now Before the Country

DENY GARDNER'S LIT-

attributed this to his youth and the That he had made a very favorable army bill practically before Congress impression was evident from the col and the country for discussion, the fight lection, which for so small a place on the scheme to federalize the militia is was considerable. The congregation departed, and the two clergymen went into the vestry room, the one to turn was fired Tuesday by Representative A. over, the other to receive the contribu- P. Gardner of Massachusetts, who chartions. I listened under an open win acterizes the scheme as impracticable was a young clergyman in Hilton, a dow and heard Wyeth bid the rector and argues that no defense can be mainfarm center, some twenty miles away, goodby, saying that he must be of tained with 48 "little armies," separate-

ly organized, maintained and controlled The National Guard association meets Having seen the young man enter the tavern and go to his room, I wait this objection with the flat denial that ed for an hour, then told the landlorc under its federalization proposition there would be 48 little armies, and they de that I wished to speak to Mr. Wyeth and asked him to go to his room with clare that the organization of the Germe. I had reasons for wishing the that of the National Guard. man army is essentially the same as

landlord with me which will appear A significant statement is contained in presently. He consented, and, taking a private letter received in Washington a candle, we went to the clergyman's yesterday from an official of the National Guard association. "We do not contend that our system is perfect," The landlord and I looked at each writes. "We admit that it has many deother. The voice sounded like that or feets, but it is certainly within the pow er of Congress to correct them, and I believe it will be done. I do not believe that any system can be devised which will give promise of better results than that which we have proposed as long as This time the voice had lost something we are to depend upon volunteers. It we are ready to adopt compulsory mili My mind was made up. The door tary service, that is another matter, but was locked. Drawing off, I gave it a the country is not willing to accept that kick, and it flew open. Mr. Wyeth was yet."

revealed in bed pulling the covers up If the Guard would abandon its to his chin. Approaching, I drew scheme and get behind General Wood wholesale dealer claimed that the Bos them down far enough to expose his and others advocating compulsory serv- ton & Maine railroad instead of earry "I thought so," I remarked to the cleared.

"SOLDIER BOY"

ed without objection. She had forged House Committee Favors Federal Miliher credentials. Though she was not tary Schools, One in Each Kid Mulligan, she was very near to him, being his sister. I was disap-State.

Washington, Feb. 24 .- "The military for he was far more slippery and danaffairs committee is of the opinion that ice. we do not need a large standing army in this country, but that we do need at all times a large body of young men well port on his bill to establish and maintain

"The great war now going on in Europe," said the report, "shows that in will now be right side out. Iron these telligence of officers and individual soltwo outer folds, then turn them inside diers plays quite as important a part as physical bravery and training. The two should go hand in hand. Educate and the tablecloth. When the four folds train 4,800 boys a year as provided in are thus finished the long length can this bill, graduating 100 a year in each state, and in a few years such would be the military spirit created in all parts of the country that a call for volunteers in time of trouble would easily bring forth

placed where the tablecloth hangs over 1,000,000 men. "Within a seven-year period there would be created a reserve of some 33,-600 of the best trained men in this or first fron a tablecloth on the wrong any other country, between the ages of side, but the tablecloths coming under 20 and 32, who could be lawfully remy observation that look the best are quired to respond, and instantly, to a call to arms."

Eunice Haskins in Independent Farmer. Former Secretary Garrison had approved the bill.

DYNAMITERS' PAROLE ASKED.

unique in many respects. There is no Six Congressmen Intercede for Men in Indianapolis Trial.

Washington, Feb. 24.-Appeal was made to President Wilson yesterday in and the meat is issued as rations. So behalf of 14 dynamite conspirators conare the vegetables grown on the farms. victed in Indianapolis in 1912, who are When an island fisherman makes a said to be entitled now to parole. Senacatch he brings it to the guardroom, tors Kern, Randell, Hustings, Lewis and

whence it is issued by the sergeant ma. Clapp and Representative Nolan conferred with the president vesterday. jor. Practically the entire population It was shown by the senators that the are sailors, and they work at most of 14 of the dynamiters now in federal prismost perfect. The island is 8 by 6 that permits of their being paroled. The miles in size and has a population of president said he would take up the case about 450. It is 250 miles northward with officials of the department of jusof St. Helena and is governed by a tice.

LEO CRANE NOT KILLED.

a Victim of Indians.

Flagstaff, Ariz., Feb. 24.—Reports reeived here Monday that Leo Crane, Inbeen killed by Indians, were yesterday quiet prevailed there, according to advices from Gallup, N. M.

YOUR BRONCHIAL TUBES

tubes, with that weakening, tickling gro. The peddler agreed and asked to with him only by writing. Either this cough, immediate treatment is very be awakened early the next morning. important. The breath seems shorter Herodotus is to be found on a hill be because of mucous obstructions; usu- ings, and while the peddler slept black tween Hamadan and Tabriz - London ally fever is present, your head jars with every cough and your chest may ache. delay-you must get Scott's Emulsion at once to drive out the cold which started the trouble, and it will check it all! Theyve called the wrong guy! the cough by aiding the healing pro-

cut up lamb and chicken, and when we cess of the enfeebled membranes, If you have any symptoms of bronan orang outang would be ashamed of chitis, or even a stubborn cold, always we offer up our best praises to the remember that Scott's Emulsion has Creator for baying blown and sabered been relieving this trouble for forty atoms and drenched them in blood and Refuse substitutes.

Scott & Rowse, Bloomfield, N. L.

00000000000000000000000000000 How To Get Rid of a 2 **Bad Cough**

A Home-Made Remedy that Will Do It Quickly. Chesp and Easily Made

If you have a bad cough or chest cold which refuses to yield to ordinary remedies, get from any druggist 2½ ounces of Pinex (50 cents worth), pour into a pint bottle and fill the bottle with plain granulated sugar syrup. Start taking a teaspoonful every hour or two. In 24 hours your cough will be conquered or very nearly so. Even whooping cough is greatly refleved in this way.

The above mixture makes a full pint

TLE ARMIES' CHARGE

The above mixture makes a full pint—a family supply—of the finest cough syrup that money could buy—at a cost of only 54 cents. Easily prepared in 5 minutes. Full directions with Pinex.

This Pinex and Sugar Syrup preparation takes right hold of a cough and gives almost finmediate relief. It loosens the dry, hoarse or tight cough in a way that is really remarkable. Also quickly heals the inflamed membranes which accompany a painful cough, and stops the formation of phlegm in the throat and bronchial tubes, thus ending the persistent loose cough. Excellent for bronchitis, spasmodic croup and winter coughs. Keeps perfectly and tastes good—children like it.

Pinex is a special and highly concentrated compound of genuine Norway pine extract, rich in gualacol, which is so healing to the membranes.

To avoid disappointment, ask your druggist for "214 ounces of Pinex"—do for druggist for "214 ounces of Pinex"—do for gruine Norway pine extract, rich in gualacol, which is so healing to the membranes.

To avoid disappointment, ask your druggist for "2½ ounces of Pinex,"—do not accept anything else. A guarantee of absolute satisfaction, or money promptly refunded goes with this preparation. The Pinex Co., Ft. Wayne, Ind.

BRITISH CAPTURE 730,000 MILES OF GERMAN AFRICA

Practically All of Teuton's Territory in the Dark Continent Is Now in England's Hands.

London, Feb. 24.—Andrew Bonar Law, ecretary for the colonies, announced in the House of Commons yesterday that said Mr. Clements. "I do not think that in Africa had been captured.

NO DEFICIT.

From B. & M. for Milk Traffic, Contends Hall

Boston, Feb. 24.-At the resumption vesterday of the investigation by the interstate commerce commission of milk rates in New England, counsel for I ice the atmosphere would be quickly ing milk last year at a loss of \$121,000, hould have had a surplus of \$30,000 or this business. M. Carter Hall, representing H. P. Hood & Sons company of Boston, milk contractors, contended that the deficit was due to improper and exces-BILL REPORTED sive charges amounting to more than

Mr. Hall drew from Professor Cunningham the statement that a charge in the computation included \$137,000 for the cost of locomotives and overhead exshould be apportioned to the milk serv-

Feeding the Baby.

The first week of a baby's life is very to the young mother whenever it is pos sible to have one.

From the very first day, the baby should be fed at regular hours. If baby named Kaolin, from this deposit. is awakened at regular hours to be fed, several mornings at 6 o'clock, will get this hour fixed in his mind and awaken of his own accord. Every person is governed by habits, and the mother can es-

For the first month the baby should be fed at 6, 10, 2, 6, 10, 2. During the second month one night feeding can be omitted and the other shifted to midnight so that the baby is being fed at 6, 10, 2, 6 and midnight.

If baby awakens and seems hungry be tween feedings, it probably is thirsty and should be given water, either from a spoon or from a nursing bottle.

If all mothers nursed their babies, trained them in regular habits of sleeping and eating and at the same time lived well regulated lives, the problem of infant mortality would not be troubling the medical profession and social workers so greatly at the present time .-Woman's World for March.

Cheap Flirtations Flourish in the Modern Business Office.

"It is in the modern business office, it eems to me," says a writer in the March Woman's Home Companion, "that the relationship between men and girls ground caustic calcined magnesite in fireis most in need of mending. Here is a fertile soil for the sowing and flourishing of many cheap relationships. I am not speaking, of course, of the superior and high class of offices, though these, too, are not always free of such things; I refer to the average large office, such as I myself am in, or large factories Well-Known Author Had Been Reported where hundreds of young men and young girls are daily thrown together more or less intimately. It is a rare girl, nowadays, who has been out in the business lian agent at Keams Canyon, Ariz., had world for any length of time, for instance, who has not had the chance, or denied by arrivals from that town. Mail seen her companions have the chance, for see his own faufts. received from Keams Canyon said that flirtations and tawdry friendships with men.

Didn't Know Himself.

A peddler arrived one evening at a otel there. Every room had already been store. engaged, but the hotel keeper offered him om which he could share with a ne. stir in the world is to stir up trouble. Several jokers overheard the proceed

ened his face. The next morning, being in a hurry to catch a train, he made straight for the low the advice of an old, experienced This is no time for experimenting or station when he was awakened. While physician. Dr. Levi Minard prescribed passing a mirror in the waiting room he and used Minard's liniment for sorestopped suddenly and exclaimed: "Hang ness, stiffness, swelling and all rheu--New York Times.

A Wise Provision.

"Beauty is only skin deep," "I consider that a wise provision of

"Why so?" his "images," our fellow creatures, to years. It is free from alcohol or drugs, | "With that limitation the girls are penetrating and effective in all cases kept busy enough."-Kansas City Jour-

State Ownership of Railroads a Last

OF POLITICS

Larger Interstate Commerce Commission Sorely Needed

Washington, Feb. 24.-Government ownership of railroads, Interstate Commerce Commissioner Clements told a House committee yesterday, was the "last resort" and could be prevented by fair and just regulation of the carriers. Joint action between the federal and state commissions on railway valuation and rate questions, he considered, would be cumbersome and unworkable.

Commissioner Clements was questioned by the interstate commerce committee in its consideration of the joint resolution, recently passed by the Senate, for a congressional committee to investigate and the efficiency of the federal commission as suggested by President Wilson in his address to Congress. While he did not assume to speak for the commission, he of charcoal set on the floor, shelves and opposed the resolution.

"The public generally, of course, will finally determine whether regulations and private ownership are successful, 730,000 square miles of German territory it is the American idea to put railroads, organized labor, etc., into politics, which government ownership would do. I do not believe in government ownership."

Chairman Adamson told the commit tee the interstate commerce commission was overloaded with work and an increase of the membership was impera

GREAT MAGNESITE DEPOSIT.

Is Located in the Southern Part of Nevada. A massive deposit of magnesite of un-

States geological survey promises to yield any sewing which requires holding or a large and readily available supply of fastening. The material may be pinned this material. The deposit lies in Clark to the lower part of the flatiron and the county, Nev., in the valley of Muddy riv-er, one of the tributaries of Virgin river, serves as a pin cushion. a few miles above the town of St. Thomas. The material has been known for penses which the witness considered some time as kaolin, and successful experiments for utilizing it as a porcelain clay are reported to have been made, though they have not yet resulted in the ognized outcrops have been located as the buyer must exercise intelligent judg- further increase is already assured for exploitation of the deposits. The recnining claims, and some preliminary eximportant, as during this period habits ploration and development work has been

The so-called kaolin is stated by the it soon becomes accustomed to these geological survey to be in fact magneshours and will awaken of its own accord, ite, a part of a regularly stratified series just as an adult if awakened for of sedimentary strata exposed by stream channels that cut across a low ridge at the upper edge of Muddy valley The deposit forms a chalky-looking bluff, dazzlingly white in the bright sunlight. The tablish good habits or poor ones with the material is porcelain-white, fine grained, and massive, is remarkably free from foreign material, but is not so hard as the more typical magnesite, and crumbles more rapidly on exposure to the weath-

The length at the surface of the magnesite deposit seems to be a mile at least, and the purer part of the deposit onsists of beds aggregating at least 200 feet in thickness. Within the section of purer material there are a few bands of sandy matter, but these are minor in amount and could undoubtedly be avoided in mining. The new deposits are so large and so readily accessible that the dates and prunes. they may form a valuable source of mag-

The greater part of the California magnesite is used in the manufacture of wood-pulp paper on the Pacific coast. Magnesite is coming into use in the manufacture of cement for floors, for artificial marble and tile, and to a certain extent as a stucco for exterior finish. Carbon dioxide is manufactured from raw magnesite and the use of finely portant applications. The larger buildings of the Panama-Pacific exposition as well as other buildings on the exposition grounds were treated with a fireproofing and damp-proofing magnesite

A Few Observations. The man of few words is generally

married. Icy stares are not liked by social climb-

Eye openers do not enable a man to The cup that cheers frequently leads to family jars.

Talking about war, we believe women would fight if it came to the scratch. A peddler arrived one evening at a The way a woman changes her mind it pulp allow two tablespoonfuls of olive French national colors, like a true ery small town, and went to the only might be something she bought at a oil, a half tablespoonful of lemon juice, Frenchman, added to the spray of heat of th The way a woman changes her mind it

The only way some people can make a

NO PLACE FOR PAIN

There is no place for rheumatic pains and misery, if you will only folmatic pains.

There is no other remedy that can is perfectly harmless, economical, agreeable and clean to use, as it is absolutely stainless.

Minard's liniment, obtained from any druggist, is wonderfully soothing. of strains, lumbago, sore joints, stiffness, sciatica and rheumatism.



Topics of the Home and Household.

Silk lace that has become yellow may cording to a report issued by the debe bleached by exposing it in the sun partment of the interior through the bu-

the flame clearer and brighter.

If a cellar has a damp smell and cannot be thoroughly ventilated a few trays ledges will make the air pure and sweet.

Tin that has become rusty or stained may be cleaned by dipping the cut surpowder and rubbing well with this.

for an hour and then wash in hot water softened with ammonia. If traces still remain, rub with turpentine, When roasting meat, and there is danger of its becoming too brown, place a

dish of water in the oven. The steam

will prevent scorehing and the meat will cook better. A piece of greased paper placed over the meat is also good. An old-fashioned flatiron, padded, will usual character that has recently been be found very convenient when used as brought to the attention of the United a weight to hold the cloth when there is

Date Dainties.

only reliable brands of dates, which

Dates and prunes are much liked

shaped in any form desired. Have ready economics below the high school. some melted chocolate in one shallow dish, some fordant in a second, some stoned dates and steamed prunes with chopped figs and raisins in the fourth Roll the peanut butter forms in some of these which will serve as delectable cov-

wheat or graham meal, sifted with a tes- more than the simple act of some Scotspoonful of baking powder, and a scant tish soldiers passing through London. tablespoonful of melted butter or refined | They had read that the "Petit Parisien" eggs and bake in a hot oven.

ham bread, try adding two cupfuls of pondent, in his office in Fleet streat, was seeded dates to the mixture after the suddenly confronted by a party of sponge has risen for the first time, Knead bronzed and stalwart Highlanders. the dates, which should be left whole, in bore a bunch of heather that but the with the flour, taking care that they previous day waved upon the bills of the are well distributed through the dough, far north. Would Monsieur Jullien see

Steam the date, slit, remove the stone, token of their admiration for her courand when cool replace with a little ball age and devotion of neufchatel or any cream cheese rolled into oval form and seasoned with papri. willing intermediary, and the party, some ka. Pinch the edges of the date together of whom had fought in the battle, deand roll in parmesan cheese.

a quarter teaspoonful salt, and a dust- ther a spray of verse. portion as the dressing used with set down. From a British exchange, oranges. Serve on heart-leaves of lettuce or romaine all well chilled.

Dorothy Dexter.

Don't Punish a Child for Its Reasoning Faculty.

"Often a child in the home is regarded as rebellious," says a writer in the March Woman's Home Companion, "when take its place. It has never failed and it is merely trying to adjust its reason to the demands made by the parent. It argues, objects, finds fault, and is difficult to manage, and parents do not understand that the difficulty lies in the fact that the child has an unusually well-developed reasoning faculty, and probably a vigorous body as well. Such a child needs training, not punishment."

HOUSEKEEPING COTTAGES

In Which Actual Practice in Household Work Is Given.

Housekeeping cottages, in which the students obtain actual practice in housesold work, are a prominent feature of current progress in home economics, ac-

reau of education. "The practice house is as distinctly a When filling oil lamps place a small legitimate part of the equipment for ump of camphor in the oil vessel. This teaching home economics as the sewing will greatly improve the light and make machine, ironing board, or individual desk with its cooking utensils," declares

the report. "Home economics departments in chools and colleges are not all so fortunate as to have residences in which to instruct in home management and in ouse-wifery. There has been some hesitancy among school officers because of the initial expense of a practice house. face of a raw potato in a fine cleaning But as it is recognized that these houses are quite as necessary as are good laboratories and that the maintenance costs To remove tar stains rub the spot are not excessive, more departments are first with lard and then with soap. Leave being thus supplied. These houses offer opportunities for experimental studies in household administration, make practice in home furnishing possible, and at-

> trition. The report shows that home economics is now a recognized course of study in all agricultural colleges to which women are admitted. Thirty-one state universities offer regular courses in home economics, and most of the private and denominational colleges and universities now offer similar instruction. So important has the subject become in state public school systems during the past two or threa years that now practically every state normal school has a course in home eco-

ford excellent places for studies in nu-

nomics for prospective school teachers. Summer schools are coming to play an especially important part in home eco-| nomics teaching, The bureau of educa-Emphasis should be laid on buying tion received announcements from 192 schools that were offering courses during stand for the highest food value and ab- the summer of 1914; in 1915 the number solute cleanliness of pack. Here is where reporting had increased to 230, and a still

Twenty-three states report an outline tive McKellar of Tennessee, submitting to the House yesterday a favorable rereason a trained nurse is of great value Salt Lake railroad, about three miles ulated sugar and dry on a board or the public elementary schools of Alanortheast of the northernmost group of claims, offers a readily available railroad soaked in cold water until soft and cooking and suggestions for the teaching plump, then rolled in sugar and dried, of sewing in the grades, with lists of connection, and the station has been plump, then rolled in sugar and dried, or described and references for domestic in preferred, after steaming or plumping equipment and references for domestic in the grades. In Caliin cold water, remove the pits, then stuff science teachers in the grades. In Caliwith chopped peanuts or almonds, plain fornia each county or city board of eduor mixed with sugar and white of egg or eation prescribes its own course of study a bit of pineapple. Sour cream and in home economics. An outline for a chopped nuts make a good filling, as also course of lessons in home economics has French cream, made by boiling until it been prepared for the common schools of almost threads one cupful granulated Illinois. This is made use of particularsugar and a halfcupful of hot water. Do ly in the rural schools. The domestic not stir. After the dates or prunes are science section of the high school conferstuffed, close each one to give it its orig- cace of Illinois has recently completed a inal form, and roll in granulated sugar, comprehensive outline for lessons in the For dates with peanut cream filling, a fifth, sixth, seventh and eighth grades, little jar of peanut butter is the first thus taking an important step in helprequisite. This is slightly salted, then ing to unify the courses offered in home

HEROINE OF LOOS.

the stones removed in a third, and Highland Soldiers' Tribute to 17-Year-Old French Girl.

How the "Heroine of Loos," Emilienne ers, and insert small pieces of butter in Moreau, a French girl of 17, observing German soldiers firing on the British at Graham gems with dates are especial- Loos from a cellar, came to the rescue y nice for breakfast, and so satisfying of her allies by shooting two of the Gerthat one scarcely misses eggs or meat, mans with her revolver and killing three Beat the yolk of one egg to which a salt- others with hand grenades will be fresh spoonful of salt has been added. Next in the public memory. To her dauntlessadd one cupful of milk, one-half cupful ness tribute has been paid in various boiled rice, a cupful and a half of whole ways. None surely would touch her

vegetable oil. Beat vigorously, add a was publishing the brave girl's memoirs; marter cupful sliced dates, and lastly presumably then the London correspondfold in the stiffly beaten whites of two ent of the journal would know or be able rgs and bake in a hot oven.

If you are baking whole wheat or gra- Jullien, the "Parisien's" London corres-Dates stuffed with cheese make an ex- that the heather reach Mademoiselle cellent relish for dinner or luncheon. Moreau? They had picked it for her in

Naturally M. Jullien offered himself a parted well content. And Monsieur Th. To make orange and date salad, cut Gringoire, before whose eyes also had peeled juicy oranges into squares, tak-burst the vision of these Scottish soling pains to remove every particle of diers with their bouquet of heather tumwhite membrane. To each cupful of this blingly tied about with ribbons of the

ing of paprika. Mix thoroughly, then It was a pretty incident, and one which add a half pound of dates seeded and should not go unchronicled in the press dressed in the same way and same pro- of England. And the story of it is here

